



# 43 just add imagination


It doesn't take much imagination to see how you can make some great stuff from what is usually chucked out. Some cities, and many regional centres, have places where you can get an amazing range of useful recycled materials. Not only do they have things you can use to make funky art, but recycled building materials as well. If there isn't a 'Reverse Garbage' near where you live, you can now buy an amazing range of stuff online. Of course, you don't have to buy garbage – just take a look at what people throw away during council clean-ups – there's so much that can be turned into useful, attractive and fun objects.



Look up [www.reversegarbage.org.au](http://www.reversegarbage.org.au) to get ideas for arts and crafts.

# buying green

Organic food is grown without the use of artificial fertilisers and pesticides or genetic modification. The farmer works with nature rather than against it, by recycling natural materials to maintain soil fertility and encouraging natural methods of pest and disease control. Not only does organic food contain higher concentrations of vitamins and minerals – it usually tastes better as well. You can also buy an amazing range of clothing, footwear and accessories made from organically grown fibres such as hemp, cotton and linen. Organic farming means fewer chemicals polluting our environment plus water and energy savings.

 Find out about natural methods of pest control to use on your herbs and vegetables.

