

Here are ten travel tips from the latest book *True Green Life*

february 2010

	true green's top 10	done	my top 10	done
1	Before you leave put your house into energy hibernation. Switch off lights, unplug electrical appliances and turn off your hot water system to save energy and reduce your power bill.			
2	Don't collect thousands of brochures from your travel agent. Save time, paper, resources and CO2 emissions by using the internet and well-travelled friends to plan and book your next holiday.			
3	Support 'green' tourism. Choose tour operators, accommodation and attractions that are endorsed by an eco-certification program – there are over 20 such bodies in Australia.			
4	What you pack in your luggage has a direct impact on the environment. The more you take, the more you pay and the more fuel is used to transport your luggage. Be a light traveler.			
5	Travel by train instead of flying. You'll see more of the world, be kinder to the environment and support local economies and communities.			
6	Your tourism dollars make an important contribution to a local economy, so always pay a fair price. Choose souvenirs that don't deplete wildlife or flora and support local craftspeople.			
7	Holiday with public transport – not only can it add to the adventure, it's greener and cheaper than hiring a car or catching a taxi.			
8	Discover the world's coral reefs and oceans and practice some citizen science too. You can volunteer for a reef clean-up and record observational data for marine conservation.			
9	Leave only your footprint. If you're camping take your rubbish with you and think about how you can use water without damaging the environment. Don't disturb local plants or animals and stick to tracks and access points.			
10	Be aware of the rules before bringing items back from abroad. Gifts and souvenirs purchased overseas can introduce pests and diseases to Australia.			

remember, when you're achieved your top 10, revisit true green and select another 10