

World Environment Day is 5 June, so here are ten tips for your home, school and workplace from United Nations Environment Program Goodwill Ambassador Gisele Bündchen to celebrate World Environment Day.

For more information on WED, check the website <http://unep.org/wed/2010/english/>

	true green's top 10	done	my top 10	done
1	Avoid eating processed foods which are full of preservatives. Choose natural snacks, juices and unprocessed foods.			
2	Donate or sell books you no longer need.			
3	Use means of collective transportation – take public transport, the school bus or arrange a car pool system with schoolmates or colleagues.			
4	Dry-wash your car or wash your car with a bucket instead of a hose to save water.			
5	Have your car tuned and the tyres aligned in accordance with the car manufacturer's recommendations. Tuned-up cars pollute less.			
6	Replace part of presence meetings with remote ones. Use internet technologies to their full potential and save time, energy and transport costs.			
7	Take advantage of natural light to illuminate your office. It is more pleasant and saves energy.			
8	CDs and DVDs are not reusable. Replace them with recordable ones, memory sticks or internet to share your files.			
9	Replace disposable plastic cups with mugs or thermal or glass bottles. Protect the environment and set fashion trends!			
10	Separate the garbage at school, work and home: food leftovers into bins for compost; glass, paper and plastic into recycling bins.			

remember, when you're achieved your top 10, revisit true green and select another 10