

my top 10 things to help the environment

may 2009

Here are 10 tips for May to green your leisure time:

	true green's top 10	done	my top 10	done
1	Reduce waste by going digital and download music instead of buying CD's.			
2	Go back to basics; use clothing as an insulator, every one degree you avoid in external heating will save 3% on your heating bill.			
3	Turn appliances off at the wall, standby can consume as much as \$100 a year and account for up to 10% of your total energy consumption.			
4	Rechargeable batteries can be used up to 1,000 times; this greatly reduces the landfill and pollution from discarded batteries and saves you money!			
5	TV's have become a major culprit of greenhouse gas emissions, until the Government introduces a star rating for them, try and choose one of the greener brands.			
6	Feed the bookworms in your family by borrowing books from the library or better still, go digital and use e-books.			
7	A lot of what we throw out or recycle could be used to make cards or get creative with the kids.			
8	Playtime can be green too. Old tyres can be used for swings and untreated timber for sandpits, try and avoid buying plastic toys that the kids will grow out of quickly.			
9	Get into cycling, it's cheap, eco-efficient and good for your health.			
10	Make the most of what Australia has to offer and visit one of the well managed World Heritage sites such as Cape Tribulation, the only place in the world where two sites exist side by side.			

remember, when you're achieved your top 10, revisit true green and select another 10