

## my top 10 things to help the environment true green home!

true green's top 10	done	my top 10	done
1. green clean your car this summer – by washing it on the lawn with biodegradable, non-toxic detergents and recycled water.		1.	
2. if you're building or renovating use green design ideas to create an efficient and low-emissions home – choose architects, builders and other contractors that think green too.		2.	
3. connect to green energy and install solar panels to significantly reduce your homes carbon footprint and your energy bills.		3.	
4. install a ceiling fan over an energy guzzling, air polluting conditioning unit – save energy and money.		4.	
5. cut energy use in your kitchen, invest in a good microwave – they cook efficiently by using little energy to heat food.		5.	
6. remember the small things when greening your home – choose natural organic soaps and cosmetics and recycle bathroom containers.		6.	
7. switch to organic linen – certified 100 per cent cotton linen that is unbleached, chemical free, using vegetable based dyes are the best options.		7.	
8. when redecorating your home, choose furniture that will last – look for good quality materials and classic styles to save on the waste and money that goes with buying cheap or fad items.		8.	
9. looking for a washing machine? Choose a front-loading machine – they use less water, detergent and electricity than top loaders do.		9.	
10. minimise water usage and restore the native habitat in your area – visit the local nursery and find out the plants types native to your area.		10.	

remember, when you've achieved your top 10, revisit **true green** and select another 10