

my top 10 things to help the environment

finally, spring has arrived!!!

true green's top 10	done	my top 10	done
1. Launch into spring by starting your own edible garden. Spring is a great time for asparagus, snow peas and broad beans.		1.	
2. Feeling a spring clean coming on? Remember to clean up with your microfibre cloth, natural soap and your trusty spray bottle.		2.	
3. After spring comes summer! Join a team sport now and get active - it's a fun and social way to get into shape for summer.		3.	
4. Take advantage of the warming weather and hang your clothes outside to dry. Your solar powered clothes drier (the sun), is much more eco-friendly than electric driers and cheaper too.		4.	
5. Wash your car with a bucket of water on the grass. Hoses use too much water and your grass will benefit from the water much more than your driveway.		5.	
6. Enjoy the outdoors. Make an effort to walk more instead of drive. Spend time at local parks and nature reserves, watch nature blossom this spring.		6.	
7. Keep your pool covered to avoid water loss through evaporation. Also look into more eco-friendly cleaners for your pool.		7.	
8. Back in the garden? Certain plant combinations naturally control pests by attracting the right insects and discouraging the wrong ones. Avoid using harmful insecticides.		8.	
9. Taking a spring break? Remember to carbon-offset your travel. Look into eco-tours, they're a great way to enjoy natural habitats while ensuring they'll be there for others to enjoy too.		9.	
10. With warmer weather come water restrictions. Put in place simple greywater systems to recycle water for use in your garden, laundry and toilets.		10.	