

In the spirit of World Earth Day, on the 22 April, True Green is celebrating the natural environment

true green's top 10	done	my top 10	done
1. Ever wondered how much 'nature' your lifestyle requires? Calculate your ecological footprint and make changes today. Visit <a href="http://betruegreen.com">betruegreen.com</a> and click on 'links'.		1.	
2. For \$40 (tax deductible), Greenfleet will plant 17 trees on your behalf which will absorb 4 tonnes of carbon dioxide produced by the average car in a year. Visit <a href="http://greenfleet.com.au">greenfleet.com.au</a> .		2.	
3. Contact your energy your energy provider regarding switching to Greenpower. By signing up for renewable power, you can ensure your energy consumption is not contributing to greenhouse gas emission.		3.	
4. Consider natural alternatives when next buying personal care products such as shaving foams and shampoos. Cosmetics and toiletries which have been found to contain chemicals that are untested. When washed down the drain they accumulate at levels equal to agrochemicals.		4.	
5. Reconsider your next visit to the fishmonger. Rising consumption is putting increased pressure on fish stocks. Since the early 1990s the number of local species threatened by overfishing has risen from five to 18.		5.	
6. To further educate yourself on climate change and global warming. Either buy or hire a copy of <i>An Inconvenient Truth</i> to watch with a group of friends or with your family.		6.	
7. Conserve water & save money – contact your water provider to find out how you can test for concealed water leaks at your home.		7.	
8. Say NO to plastic bags. Protect the environment from unnecessary landfill.		8.	
9. Walk or catch public transport on Earth Day.		9.	
10. Get outside and enjoy the natural environment, make Earth Day the day you start to make a difference.		10.	

remember, when you're achieved your top 10, revisit **true green** and select another 10