

my top 10 things to help the environment

| true green's top 10 | done | my top 10 | done |
|---|------|-----------|------|
| 1. Buy a copy of <i>True Green</i> as a stocking filler to encourage your family and friends to take steps to improve our environment. (OK – you can't blame us for being shameless book promoters – but people really do appreciate this gift!) | | 1. | |
| 2. Reuse – save some of your Christmas wrapping for next year or check with your local childcare centre. They may be able to use wrapping and ribbon for craft classes. | | 2. | |
| 3. Out with the old, in with the new – before throwing out those old appliances or gadgets (still in working condition) and adding to our landfill problem, consider donating to your local charity shop. Check with the shop first to ensure they take appliances (don't make your waste problem their waste problem). | | 3. | |
| 4. Purchase rechargeable batteries for toys and gadgets. Sanyo has the new Eneloop rechargeable battery out on the market now – and it will save you money in the long run. | | 4. | |
| 5. When buying Christmas presents look for items that are reusable or come in reusable packaging. | | 5. | |
| 6. Consider purchasing a climate neutral gift voucher for the person who has everything. Visit www.climatefriendly.com for further information. | | 6. | |
| 7. Remember to turn lights off when you leave a room – reduce your carbon emissions and energy bill. If you're going away on holidays, disconnect any appliances with a 'flashing light' or standby mode. It's safer and will save you money too as well as energy. | | 7. | |
| 8. Think of ways to collect grey water and recycle water in your home. A bucket in the shower to help water the garden is a great start. | | 8. | |
| 9. Think Tank – get organised for those rainy days and install a rainwater tank. Contact your water authority or local council to find out how you can take advantage of available rebates. | | 9. | |
| 10. Ask for a bike for Christmas and start riding to work. | | 10. | |

remember, when you're achieved your top 10, revisit **true green** and select another 10