

my top 10 things to help the environment

In the spirit of Valentines Day, **true green** is celebrating love in February

true green's top 10	done	my top 10	done
Save energy – turn off the lights and light some candles.		1.	
Start a 'singles' car pool to travel to work.		2.	
Reduce packaging – think twice when buying a Valentines Day present. Choose a present with minimal wrapping or wrapping which can be reused.		3.	
Share a shower! (No further explanation required)		4.	
Get cosy! Should a cold snap arrive in February, grab a blanket or duvet to snuggle under instead of turning on a heater.		5.	
Do the dishes with a loved one, and aim to use less water than turning on the dishwasher.		6.	
Don't have a lunch date for Valentines Day? Organise a group from work to go on a picnic and self cater – reduce packaging from all those take away lunches.		7.	
Get involved – join a local environmental group making a difference that fits your interests – you never know who you may meet! Check out the links section on our website for a listing of Green Groups.		8.	
Speaking of meeting people, register now for Clean Up Australia Day on Sunday, March 4 www.cleanup.com.au – hundreds of thousands of Australians get involved around the country.		9.	
Finally, spend some time out in the environment, fall in love and find ways you can contribute to a healthier planet.		10.	

