

my top 10 things to help the environment

green holidays:

january 2008

true green's top 10	done	my top 10	done
1. Reduce your carbon emissions and stay home for the holidays or offset any travel. Visit climatefriendly.com for more information.		1.	
2. Spend more time outdoors these holidays. Drag the kids away from the TV and computer and visit your local nature reserve.		2.	
3. Conduct your own 'environmental audit' and find areas where you can improve your ecological footprint this year. Visit www.ecofootprint.org , www.safeclimate.net/calculator and elementree.com.au/calculator.asp		3.	
4. Upgraded your mobile phone or computer over Christmas? Why not recycle or donate your old ones? Check out http://www.cleanup.org.au/au/SpecialProjects/mobile-phones.html		4.	
5. Why not make an effort to seek out and support sustainable businesses this year. Choose to buy from the business that sells organic products and/or uses recycled products and packaging.		5.	
6. When you're having your big 'new year clean out' consider using organic and non-toxic cleaning products, recycle and reuse items where you can and donate old clothing and appliances to local charities.		6.	
7. Continue to say "No" to the common plastic bag. Most supermarkets and department stores offer eco-friendly bags, buy them and reuse them the small cost is worth it.		7.	
8. Buy wisely this year. Keep a look out for eco-labelling. Buy 'environmental choice' labelled products and check for energy and water ratings on appliances.		8.	
9. Aim to do even more this year and 'get involved'. Seek out local community groups and become involved. Start with Clean Up Australia Day Sunday 2 March. http://www.cleanup.org.au/au/		9.	
10. Upgrade your car this year and buy a hybrid! Or check out the fuel economy of your current car, maybe you should convert to high-octane fuel. Visit www.greenvehicleguide.gov.au		10.	

remember, when you're achieved your top 10, revisit **true green** and select another 10