

my top 10 things to help the environment

| true green's top 10 | done | my top 10 | done |
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| 1. As the southern hemisphere's going into winter, now would be an ideal time to install those rain water tanks! You could qualify for government rebates, check out your options. | | 1. | |
| 2. Change of seasons also means you should check your lights. More hours of darkness means more usage of lights, ensure you've installed CFL's. | | 2. | |
| 3. The weather's getting colder and we've all contemplated getting out those heaters. Think twice before you do, it can be just as cosy snuggling up under a blanket and more eco friendly too. | | 3. | |
| 4. A good way to reduce chemical waste is to invest in rechargeable batteries. They may cost a bit more to start but you will use them again and again. | | 4. | |
| 5. Avoid using hot water when cold water will do. When you run the hot water tap, litres or cold water is simply flushed away. | | 5. | |
| 6. Don't use dry cleaners when you can do it yourself. If you have to, find a green drycleaner, one who minimises energy usage and uses eco friendly products. | | 6. | |
| 7. Find a local produce market in your area to do your food shop. Not only will you be supporting locals, you will also find fresher, natural choices. | | 7. | |
| 8. Try to find alternative forms of transport instead of running your car around everywhere. Check out public transport or try walking or cycling more often. | | 8. | |
| 9. Planning a function for work or a dinner party at home? Make it a green function! Use minimal waste and candles for lighting or natural light. | | 9. | |
| 10. Share your ideas and help others become 'True Green' too. Let us know if you have any tips or feedback. Email getstarted@betrueegreen.com . | | 10. | |

remember, when you've achieved your top 10, revisit **true green** and select another 10