

my top 10 things to help the environment

true green's top 10	done	my top 10	done
1. change to green power – reduce household emissions in total – offset your emissions use carbon neutral option. climatefriendly.com can show you how		1.	
2. drive a hybrid – (we do Honda Hybrid) and save \$\$ as well as emissions – walk or catch public transport one day a week		2.	
3. buy energy saving appliances – look for energy rating stickers – your refridgerator and electric hot water system are the two biggest energy consumers in your home!		3.	
4. switch off appliances at the wall and reduce energy bills – a great habit to get into at home and at work – lobby your boss to do do the same at work. mobile phone chargers continue to use 40% of the energy!!		4.	
		5.	
5. reusable bags – say no to plastic bags and check packaging – choose smartly and reduce your consumption .ie shop at local butcher and not buy meat in plastic trays – support local business as well		6.	
6. save water – use a shower timer – 4min shower saves enormous amounts of energy and water! – time the kids! look into solar power and installing a water tank		7.	
7. organic food – edible packaging – less chemicals – sustainable farming – healthy soil for future generations – grow your own!		8.	
8. buy Rechargeable batteries (Sanyo Eneloop batteries is now on the market)		9.	
9. buy smart – install energy saving light bulbs and save money!		10.	
10. use a rake or a broom – instead of a leaf blower! better exercise and makes for a more harmonious neighbourhood as well!			

remember, when you're achieved your top 10, revisit **true green** and select another 10