

my top 10 things to help the environment

true green's top 10	done	my top 10	done
1. It's Spring cleaning time! Remember to use a microfibre cleaning cloth, warm water and a dash of natural soap.		1.	
2. Check your home for old chemicals or cleaning products and contact your local council to dispose of these safely.		2.	
3. If it's time for your car's oil change, consider the services of a mechanic, who can maintain your car and responsibly dispose of any waste such as oil.		3.	
4. Does your car need a wash after that service? Go to your local car wash so that the dirty water is filtered and processed, rather than letting it run into a stormwater system.		4.	
		5.	
5. Before taking clothes to the dry cleaner, consider giving them a spot clean first.			
6. Now that the weather is warmer, consider wearing lighter clothes to save on air conditioning, but keep a jacket or sweater handy for those cooler days.		6.	
		7.	
7. If you're thinking about buying some new clothes for the warmer weather, consider garments made from chemical free, organic cotton, wool and hemp.		8.	
		9.	
8. If your workplace permits, consider establishing a casual Friday to permit more climate-appropriate work wear.			
9. A plant on your desk will not only look nice, but helps to improve the air quality in the office.		10.	
10. Volunteer for the Clean Up the World Weekend (22-23 September) www.cleanup.org.au			

remember, when you're achieved your top 10, revisit **true green** and select another 10